

‘DHA / EPA Omega-3 for Health Symposium: Update 2014’

Thursday, May 22, 2014 – Mississauga Convention Center, Toronto, Ontario

Program

Agenda/Scheduled Speakers

7:00 am	Registration Opens
8:40 – 9:00 am	Greetings and Opening Remarks
9:00 – 9:40 am	‘DHA Omega-3 Supplementation During Pregnancy Improves Health Outcomes’ - Elizabeth Kerling , Senior Research Scientist, Department of Dietetics and Nutrition, University of Kansas Medical Center, Kansas City, Kansas
9:40 – 10:20 am	‘Short- and Long-Term Benefits of DHA Intakes During Infancy’ – Dr. Craig Jensen, Associate Professor of Pediatrics, Baylor College of Medicine, Houston, Texas
10:20-10:40 am	Coffee/Refreshment Break
10:40 – 11:20 am	‘DHA/EPA Omega-3 in Relation to Reading, Learning, and Behaviour in Healthy School Children and in ADHD’ - Dr. Alexandra Richardson, Senior Research Fellow, University of Oxford, United Kingdom
11:20 – 12:00 pm	‘Use of Omega-3 Fatty Acids for the Prevention and Management of Concussions and Traumatic Brain Injury’ - Dr. Michael Lewis (MD), President, Brain Health Education and Research Foundation, Arlington, Virginia
12: 00 – 1:10 pm	Networking and Lunch
1:10- 2:00 pm	‘Fish Consumption, Omega-3 Fatty Acid Status, and Association with Risk of Coronary Heart Disease and All-Cause Mortality’ – Dr. Dariush Mozaffarian (MD, DrPH), Co-Director, Program in Cardiovascular Epidemiology, Associate Professor of Medicine and Epidemiology, Division of Cardiovascular Medicine, Brigham and Women's Hospital and Harvard Medical School, Departments of Epidemiology and Nutrition, Harvard School of Public Health, Boston, Massachusetts
2:00- 2:45 pm	‘A Role for Omega-3 Fatty Acids in Mental Disorders (incl. Depression , Violent Behaviours, others)’ – Capt. Joseph Hibbeln (MD), Psychiatrist, Lead Clinical Investigator, Unit on Nutrition in Psychiatry, National Institutes of Health, Washington, DC
2:45 – 3:05 pm	Coffee/Refreshment Break

3:05- 3:40 pm	‘Actual versus Target Intakes of DHA/EPA for Human Health and Disease Prevention/Management : Closing the Omega-3 Nutrition Gap with Agri-Foods and Nutraceuticals’ – Dr. Bruce Holub, University Professor Emeritus, Dept. of Human Health and Nutritional Sciences, University of Guelph, Guelph, Ontario
3:40 – 4:10 pm	Panel – Audience Interactions
4:10 – 4:15 pm	Closing Remarks – Dr. Bruce Holub